



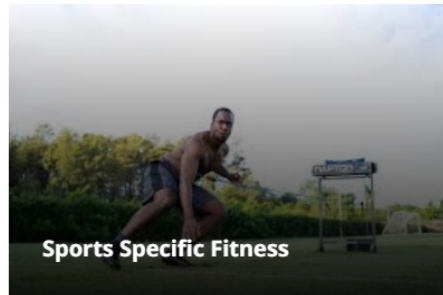
Welcome to Physio Karma Solutions

Sports Physiotherapy & Rehabilitation

Science of Restoration, Maintenance and Maximization of
Physical Strength Function and Motion

[Contact Us](#)

Our Main Expertise





Striving Ahead

Physio Karma is the one stop shop for all athletic, sports specific training and fitness needs. We provide athletes with a holistic approach to give them an edge in their performance over their competition. Our CEO has been working in the field for over 8 years now and has produced 2 world champions over that period. Having trained 1000+ athletes in the national & international levels, we are currently working with European, Asian companies and other various government and private organizations.

[Know More](#)

Our Vision & Mission

Vision:

The aim of Physio Karma Solutions Pvt. Ltd. is to bring elite-level training and technology in all domains to grass-roots levels in Indian sports.

And when we say grassroots, it defines every child who aims to represent India on an international podium, not just as a participant but as a medalist.

Mission:

At the time of the Tokyo Olympics, after achieving seven medals, India earned 48th place in the total medal standing. From there, Indian athletes have showcased tremendous growth in the Common Wealth Games (2022), Asian Games (2022), and Multiple National Games. But it took five decades, or 50 years, to reach that level.

Physio Karma Solution's target is to cut down on the time span and increase the tally of Indian Olympian medalists in the next 10 years. Through world class training, equipment, professionals, and curriculum that will work at the grass-roots level.

[Know More](#)

Meet

Our Partners



1

Directorate of Education: Sports Branch

Technical Partners for Brain Training Certification Course and Programme for Coaches at Chhatrasal Stadium called "Cognitive Enhancement Coaching Programme".

2

Delhi Sports University

Trained in Brain Training Lab and Sports Physiotherapy and Rehabilitation.



"In the past 2 weeks that I've done brain training, I've noticed a huge improvement in my game. I would say about 20 % which is more than I expected. During my on table drills, I am able to focus a lot more. It is helping me a lot because normally my focus level is low and now there is huge improvement and my strokes are more consistent which is helping me play better"

Mishka

National Table Tennis Player - Maldives



Testimonials



+91-8860940040

info@physiokarma.com

Chhatrasal Stadium, Model Town,
New Delhi, Delhi 110009

Important Links

- > Home
- > FAQs
- > About Us
- > Contact Us
- > Privacy & Policy
- > Terms & Conditions

Our Services

- > Sports Nutrition
- > Sports Physiotherapy & Rehabilitation
- > Sports Specific Fitness

Follow Us

- LinkedIn
- YouTube